

Love Thyself Game

Receive support and prizes for taking actions that will drastically improve your life.

3 months or
6 months

Application¹

1. Submit 3 quantifiable actions that you are willing to commit to in this game.
 - a. What 3 quantifiable weekly actions (that you are not currently doing) if taken, would drastically improve your life?
2. Explain your current success or lack of success in relation to these three actions.
 - a. How long have you been attempting to take each of these three actions?
 - i. Please be specific and answer this question for each of the three actions.
 - b. What's the longest time you have been successful in continuously maintaining these three actions?
 - i. Please be specific and answer this question for each of the three actions.
3. Please explain why you believe these three actions would drastically improve your life.
 - a. Please be specific and answer this question for each of the three actions.

Length of the Game

3 months or 6 months

Number of Players

24 per game

Points

Total points possible

3 months - 480

40pts per week

6 months - 960

40pts per week

How do you earn points?

There are 4 ways:

1. Complete all 3 actions in a week 25pts
2. Complete 2 of 3 actions in a week 10pts
3. Complete 1 of 3 action in a week 5pts
4. Write successes on game board by Sunday night at 11:59pm PST 1pt per success (maximum 15/week)

¹If an applicant is accepted to participate in one of our games and later is found to have made false statements on the application or during the game, the applicant will be removed from the game. There will be no refund for removed players.

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Prizes

Grand Prize

3 months - \$250 cash

6 months - \$500 cash

Weekly Drawings

Each action taken enters you into a weekly random drawing.

All prizes have a retail value of \$25 or higher.

Examples of Quantifiable Actions (submitted by past participants)

1. No alcoholic beverages.
2. No sodas.
3. Only black coffee at Starbuck's.
4. No smoking marijuana.
5. Look at self naked in the mirror & love my body and/or touching my body loving daily.
6. Drink alcohol only when with others who are also drinking.

Investment

\$25/month + 1 prize/month.

1. Prizes can be offered by sponsors or participants.
 - a. It is okay if the prize is for a service or product that you (or an associate) offer.
2. Prizes must have \$25 value or higher.
 - a. It is okay if the prize cost you less, as long as the retail value is \$25 or more.
3. Prizes must be redeemable for a minimum of one year without a cost.
 - a. No - "Buy one get one free" offers.
 - b. No - Discounted offers.
4. Prizes will be used for any one of a variety of Destined to Meet™ programs.
5. Examples of Prizes
 - a. \$25 Cash
 - b. Foot Massage (\$25 value)
 - c. Hypnotherapy Session (\$125 value)
 - d. Restaurant Gift Certificate (\$25 value)

Support

1. Assistance creating quantifiable (*measurable*) actions.
2. Closed **Facebook Group** to meet and share with others.
3. Monthly **Live Virtual Video meetings** to meet and share with other players.

